



## Show us what it's like: photos of pumping on the go

It can be complicated, frustrating and uncomfortable to pump while trying to carry on a normal life. We pump at work, at conferences, while we travel, during bathroom breaks, and sometimes even in our cars while we commute.

In April of 2018 MIT and Emerson will be hosting a “Make The Breast Pump Not Suck” hackathon and policy summit to redesign breast pumps and develop policies to support working parents. Many of the people who will be there have never pumped and might never have thought about where people pump.

I'm collecting photos of pumping spaces and pumping situations (the good, the bad and the ugly) to display at the hackathon. Next to each photograph will be a few sentences of description. I'm hoping that the photos and explanations will bring an extra dose of reality to inspire the hackathon process.

If you're pumping now or if you pumped in the past you can participate! Here's how:

### 1. Take a few pictures that respond to the following prompts:

- How and where do you find time and space to pump?
- What gets in the way of pumping comfortably?
- What could make pumping better?

### 2. Choose one or two pictures that you particularly like and write a few sentences to hang next to them, answering some of these questions:

- What is happening in your picture?
- Why did you take a picture of this?
- What does this picture tell us about your experience with breastpumping?
- How can this picture provide opportunities to improve women's ability to pump?

### 3. Email me high resolution (“actual size”) images of your favorite photos and a few sentences explaining them!

Send them to: [Emily@connectionlab.org](mailto:Emily@connectionlab.org)

### 4. If your photo will be displayed at the Hackathon I'll be in touch to ask for your permission.

